



Mmm, Yoko's mom has packed her favorite for lunch today—sushi! But her classmates don't think it looks quite so yummy. "Ick!" says one of the Franks. "It's seaweed!" They're not even impressed by her red bean ice cream dessert. Of course, Mrs. Jenkins has a plan that might solve Yoko's problem. But will it work with the other children in class?



Before Reading:

- What do you like to eat for lunch?
- Do you usually bring lunch from home or buy it at school?
- Has anyone ever teased you about your lunch or something that you like to eat? How did that make you feel?



Reading Aloud:

- Why do the other children laugh at Yoko? How does she feel?
- What was your favorite part of the story?
- What does Yoko teach Timothy?
- What do you think happens next?



After Reading:

- What were some of Yoko's favorite foods? Have you ever tasted any of these?
- What would you say or do if you were in Yoko's class?
- How could you have helped Yoko feel better?
- Why did Yoko's teacher have an International Food day? What did the students bring? What would you have brought?
- Why is it important to try new foods and tastes? How can that help us learn about other people and cultures?

Activity Ideas:

- Have your own international food day with friends and family.
- Chart your favorite foods with your friends and family. Include cultural or traditional family favorites.
- Have a contest with friends or family to taste something new every day for a month. Tag us on instagram @spoons_across_america