



Orange Sections, Mint Leaves, & Honey

Ingredients:

- 4 Navel Oranges
- ¼ cup fresh mint leaves
- 1 tablespoon of honey

Procedure:

1. Peel the oranges. Using a sharp or serrated paring knife cut the sections from the orange. Alternately, you can slice the orange horizontally into about 5 slices.
2. Mix the mint leaves with the oranges. Drizzle with the honey. Serve.

Note: This dessert is delicious served with vanilla yogurt.