



No Cook Farm to Book Storytime

Breakfast Banana Split

Ingredients

- 1 banana, cut in half lengthwise
- 1/2 cup plain yogurt
- 1/2 tsp honey
- 1/4 cup granola
- 1 cup fresh berries
(strawberries, blueberries, or raspberries)
- 1-2 Tbsp Almond Butter or Nut Butter
- 1-2 Tsp coconut flakes



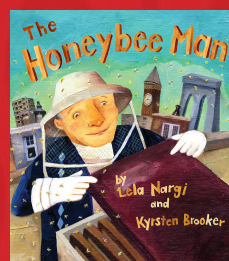
Directions

1. Peel your banana, cut it in half lengthwise. Place the 2 banana pieces side by side in a shallow bowl or on a plate.
2. Chop the berries in half.
3. Spread the berries, yogurt, coconut flakes, and granola on top of the banana.
4. Drizzle with honey almond butter. If your almond butter is not "pourable", scoop it into a small bowl and heat for 15 seconds in your microwave. Then drizzle on top of your banana split to complete your healthy breakfast recipe!

Mix It Up

Try adding your favorite toppings like cherries, blackberries, cacao powder, maple syrup, pistachios, chia seeds, or pumpkin seeds.

This recipe was based on the book *The Honeybee Man*, written by Lela Nargi and Illustrated by Kyrsten Brooker.



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